

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Laura 9:45am-11am - V Patricia- 1130am	2 9:30am Rai Kaur	3 Laura 9:45am-11am - V Linda 6pm-7pm -V 7:30pm-Rai Kaur	4 9:30am Rai Kaur	5
6	7 9:30am Sevapreet Kaur	8 Laura 9:45am-11am - V Patricia- 1130am	9 9:30am Rai Kaur	10 Laura 9:45am-11am - V Linda 6pm-7pm -V 7:30pm-Rai Kaur	11 9:30am Rai Kaur	12
13	14 9:30am Sevapreet Kaur	15 Laura 9:45am-11am - V Patricia- 1130am	16 New Moon 9:30am Rai Kaur	17 Laura 9:45am-11am - V Linda 6pm-7pm -V 7:30pm-Rai Kaur	18	19 Winter Solstice Lake Wales, FL
20	21	22	23	24 Laura 9:45am-11am - V Linda 6pm-7pm -V 7:30pm-Rai Kaur	25	26
27	28	29	30	31 Full Moon	V: indicates a Vinyassa class. All other are Kundalini Yoga as taught by Yogi Bhajan	